

Let's
Keep In
Touch



How to use this book



This reader has been made to help teenagers and adults with developmental disability understand the different ways they can keep in touch with their friends and family whilst they are isolated at home during the COVID-19 pandemic.

You can print this reader so that you can share it as a hardcopy book or you can view it together as a slide show on a computer or tablet.

It can be saved as a PDF and opened in iBooks on an iPad or iPhone.

If the person you support has an AAC system, please use it to model key language in the reader. You can also use their AAC system to model making comments about the words and the pictures. Modelling in this way will help you to support their understanding and help them to engage with the reader.

Remember to provide pause time so they can also make comments, ask questions and process the information. If the person does not have an AAC system yet, you can download and print a free core vocabulary board from [Project Core here](#).



We all need friends and family.



When we have time with our friends we feel good.
Friends are great for our mental health.



We have to stay at home now to stop coronavirus spreading.



We cannot see our friends in the same way.



But we all need friends so let's find new ways to keep in touch.



We can talk to our friends on the computer.



We can talk to our friends on the phone.



We can talk to our friends on the iPad.



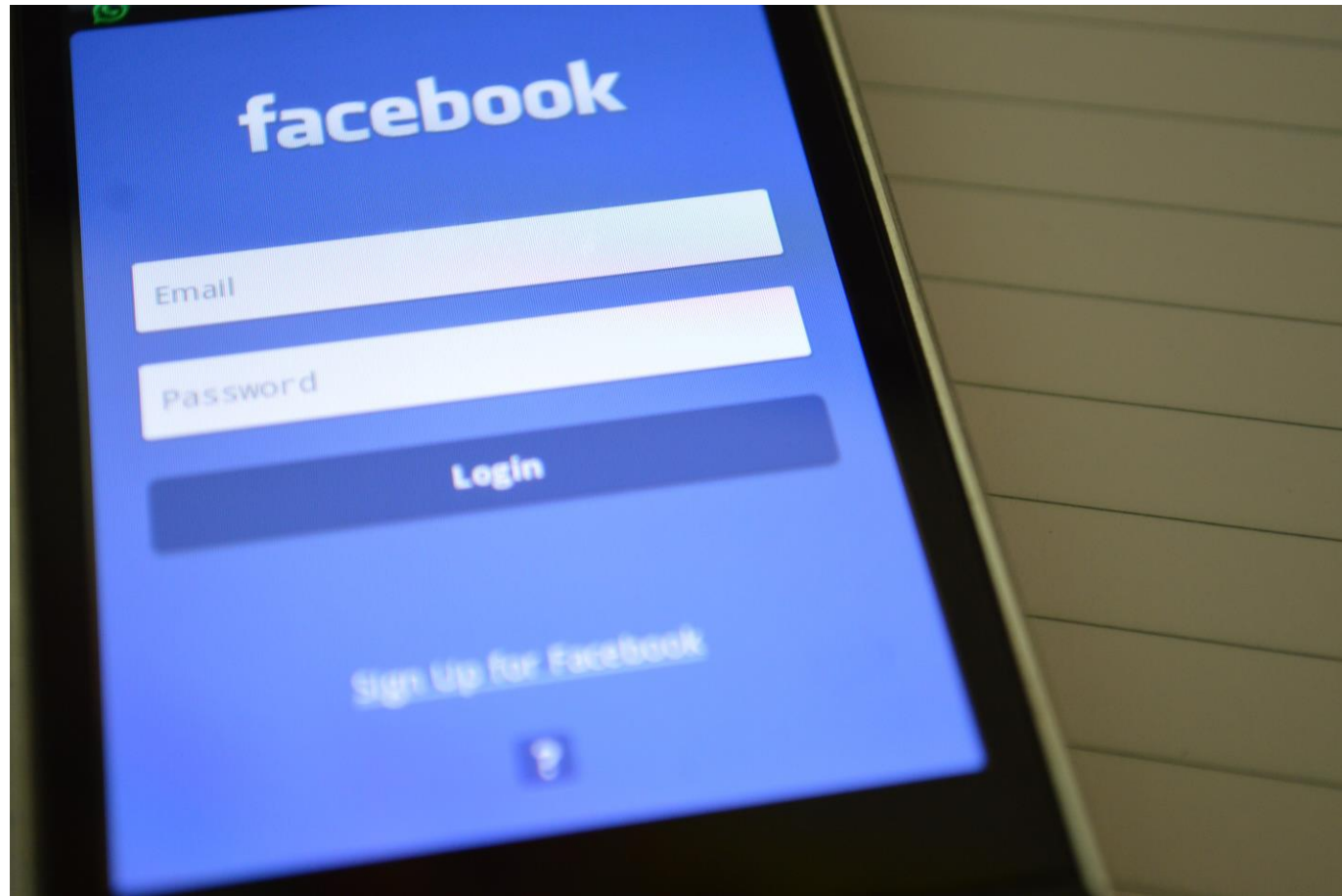
We can write letters to our friends.



We can write postcards to our friends.



We can write cards to our friends.



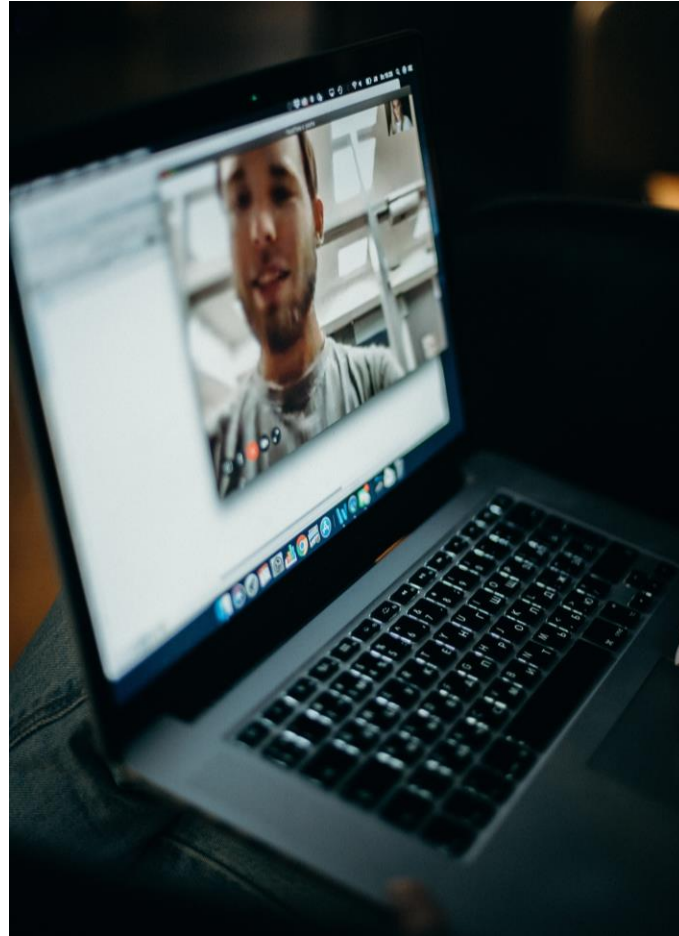
We can put a post on Facebook for a friend.



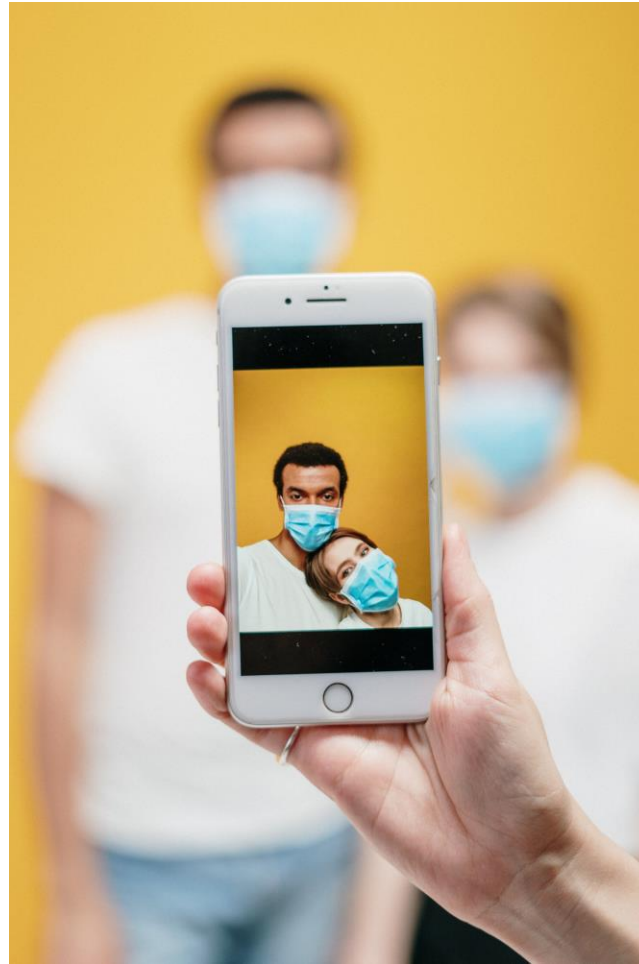
We can leave an emoji on our friend's Facebook posts.



We can make videos and share them with our friends.



We can watch videos our friends make.



We can take photos and share them with our friends.



We can look at photos of our friends.



We can tell someone we live with that we want to see a friend.



We can tell someone we live with that we want to talk to a friend.



They can help us to keep in touch with our friends in different ways.



They can help us to use Zoom, Skype, Facetime, What's App or Google Hangouts to video call.



Friends are great for our mental health.



We all need friends.
We all need to keep in touch.



Let's keep in touch!



This reader was created by Laura Jones for Developmental Disability WA in association with Microboards Australia using purchased images from istock, Shutterstock, free to download images from pexels and iconfinder and DDWA's own photo collection. Please feel free to adapt this reader to better meet the specific needs of different individuals with developmental disability.

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