



Keep Calm and Stay At Home!



How to use this book



This reader has been made to help teenagers and adults with developmental disability understand why it is important to stay at home during the COVID-19 pandemic.

You can print this reader so that you can share it as a hardcopy book or you can view it together as a slide show on a computer or tablet.

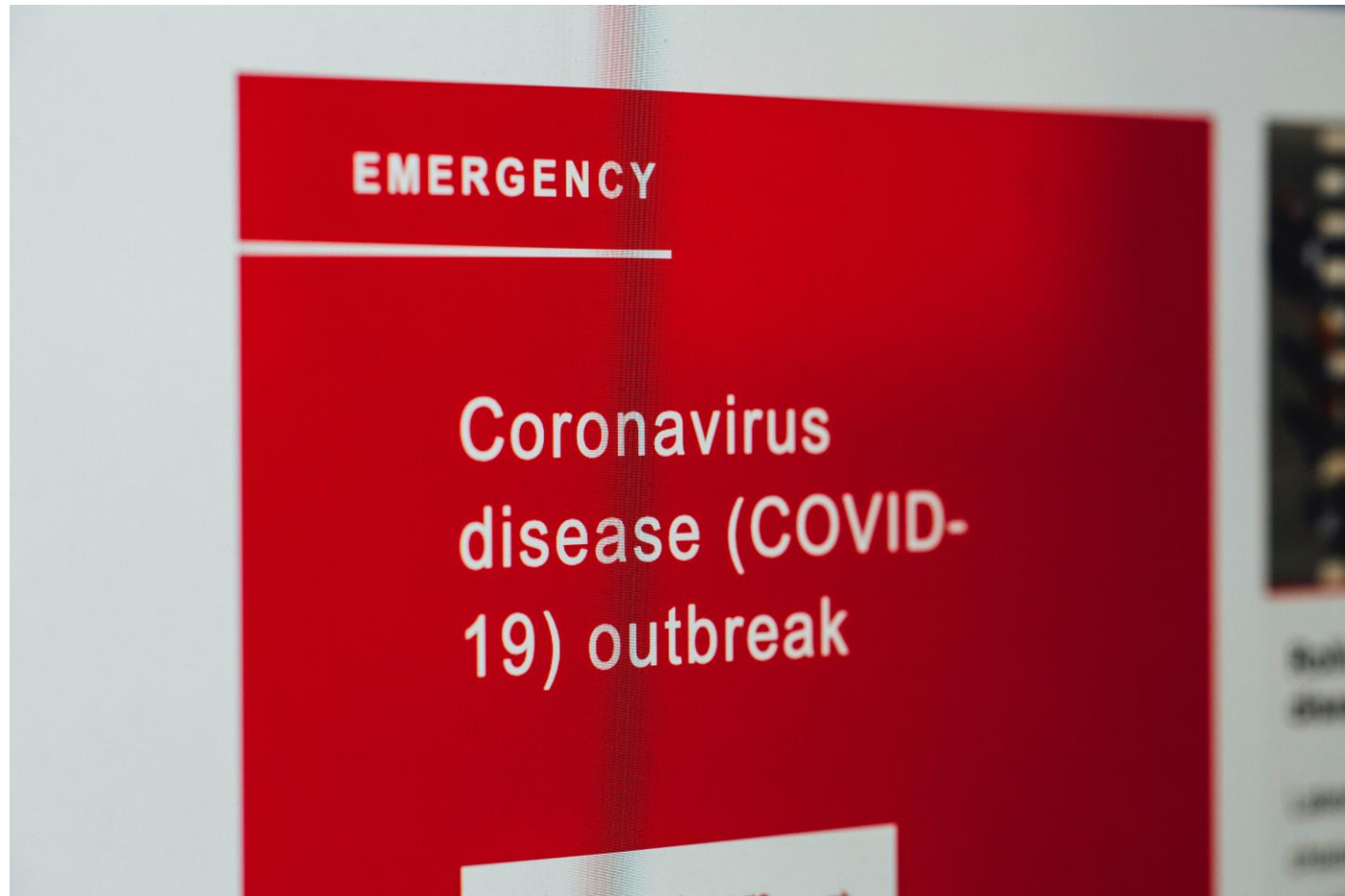
It can be saved as a PDF and opened in iBooks on an iPad or iPhone.

If the person you support has an AAC system, please use it to model key language in the reader. You can also use their AAC system to model making comments about the words and the pictures. Modelling in this way will help you to support their understanding and help them to engage with the reader.

Remember to provide pause time so the person you support can also make comments, ask questions and process the information. If the person does not have an AAC system yet, you can download and print a free core vocabulary board from [Project Core here](#).



Lots of people are getting sick.



Coronavirus is making people sick.



Some people have a bad cough and a high fever.



Some people are very sick and need to go to hospital.



Some people who have the virus do not feel sick.
They do not know they have coronavirus.



We need to stop the virus spreading.
We need to help people to stay well.



We need to stop more people getting sick.

The Australian
Prime Minister
told us all to
“stay at home”.





He said we can only go out for very, very important things.



We can go out if we need to buy food.



We can go out if we need to buy medicine.



We can go to work if we can not do our work at home.



We can go out for a short walk or a run to keep fit but we must not get close to other people.



If we need to go out we must not touch other people.



We must keep away from other people if we go out.



To stay safe, it is better to stay at home.



This is to stop more people getting the virus.



This is to stop more people getting sick.
It is to help stop you getting sick too.



It is to help stop mum and dad getting sick.



It is to help stop your friends getting sick.



It is to help stop older people getting sick.



Coronavirus can make older people more sick than young people.



When we stay at home we help stop older people getting sick.



Coronavirus is worse for people who are already sick or get sick easily.



Coronavirus is worse for people who have asthma.



When we stay home we help keep all of these people safe and healthy.



We must only go out if it is very, very important.



As soon as we have finished what we need to do,
we must go home and we must stay at home.



If you get coronavirus you can get very sick.



You may have to go to hospital.



For some people who are very sick,
coronavirus makes it hard to breathe.



They will need help from a machine to breathe.



Some people have died because they are so sick and it is too hard to breathe.



Staying at home now is safer than going out.



It is better to stay home so we can all stay healthy.



One day, we will be able to go out again.



One day, we will do all the things we did before.



But for now, stay at home. Stay safe.



This reader was created by Laura Jones for Developmental Disability WA in association with Microboards Australia using purchased images from istock, Shutterstock and free to download images from pexels, iconfinder and the noun project. Please feel free to adapt this reader to better meet the specific needs of the different individuals with developmental disability you support.

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